



Dates to Remember

- 1/4 Classes resume
- 1/13 Parent Meeting at 8:45am
- 1/15 Half-Day of school for rooms 8,10,12, NO SCHOOL for rooms 3,4,5
- 1/18 NO SCHOOL
- 1/20 Parent/Child Monthly Snack Activity

Book of the Month



The Holy Cross Herald

Happy New Year!

Welcome back from winter break! We hope everyone enjoyed time spent with family and friends and was able to get some rest to re-energize for the new year. We look forward to the many things that will be happening at school.

Remember, attendance is very important! However, if your child is sick please do not send them to school until they are well. Remember to call your Case Manager or Teacher and let them know if your child will be out of school that day. Please refer to your parent handbook for more information about our policies regarding sickness and attendance.



Star Students

Congratulations on PERFECT ATTENDANCE For the month of **December!**

- | | |
|-------------|----------|
| Felix | Karim |
| Angeriel | Mohamoud |
| Joandri | Omar |
| Izait | Shyamika |
| Yaneliz | Laquisha |
| Jimmielys | Nicholas |
| Emmanuel | Joseph |
| Eunicia | Adrian |
| Mason | Jeremiah |
| Gil | Brittany |
| Janelyis | Zahra |
| Laila | K'Lynn |
| Yeilina | Bernice |
| Jude | Yousef |
| Fernando | |
| Anjonneleys | |
| Jonnell | |
| Yanuel | |



Second Step

Managing Waiting

Your child is learning how to wait. Calming down and then doing something quiet helps your child wait. Counting things is a quiet thing that your child can do while waiting. This helps your child stay calm and not disturb others.

Knowing how to wait helps your child learn at school and at home.

Play a game with your child to practice waiting.

Say: **We're going to play Wait and Count. You will wait here while I walk into the kitchen and back** (or into any other room or place in your home). **While you wait, count all the red things you see. When I leave, start counting.** Walk to the other room and come back. When you return, ask:

How many red things did you count?

Take turns being the one who counts. Continue to play, counting items of other colors or shapes.

What's for Breakfast!

Build a Healthy Plate with Fruits

Did you know offering fruit is a quick-and-easy way to make meals and snacks healthier and more colorful?

While most toddlers consume enough fruit, most children 4 years and older do not. You can help by offering different fruits on your menu. Offering a variety of fruits during the week can:

- Teach healthy habits children will use for life
- Add color, texture, and flavor to children's plates
- Give children the vitamins and mineral they need to grow and play
- Promote proper digestion, help children feel full, and maintain a healthy weight by providing dietary fiber